Turner
ancestry.com
Fieldstone Alliance
Howell Book House
Hunter House
Wiley
Basic Health Publications
Gemstone Press
Jewish Lights
Skylight Paths
Nashville • New York
SPRING AND SUMMER 2017 FRONT LIST

JANE BUTEL COOKBOOKS 6
HORSE GAITS, BALANCE, & MOVEMENT: REVISED
SIERRA 7
RETURN OF THE CONTINUUMS
THE GOBLIN CROWN 8
MORE THAN MANAGING
A SHORT TIME TO STAY HERE
THE MAGDALENE SCROLLS 9
3-DAY MINI DETOX
ABOVE
BASEBALL PROSPECTUS 2017
KNOTTSPEED 10
THE RULE OF BENEDICT
WORLD WISDOM BIBLE

GOSPEL OF MARK 13
EXPECT THE BEST: SECOND EDITION
ORTHOMOLECULAR NUTRITION FOR EVERYONE
SCAB VENDOR 14
DISASTER SPIRITUAL CARE: 2ND EDITION
MOURNING AND MITZPAH: 3RD EDITION
WALKING PAPERS 15
STREAMS
THE SANDRA HOCHMAN COLLECTION
LOVING ROBERT LOWELL 16
JANE BUTEL COOKBOOKS
CITIES OF MEN
BEYOND 17
THE UNITED CONTINUUMS

NOTABLE TITLES
NEXT GENERATION JUDAISM 22
THE HEART OF LONELINESS
BLESSED AT THE BROKEN PLACES
THE VALUE OF DOUBT
LAND OF THE AFTERNOON SUN
IN AMERICA
LEOPOLD
HEY, GOD? YES, CHARLES.
THE UNIVERSE LOVES A HAPPY ENDING
HOW TO WRITE THE PERFECT BOOK PROPOSAL
MEDIUM HERO
THE JOHN LE BRUN SERIES
THE SEXLESS MARRIAGE FIX
DR. MINDELL’S MEMORY BIBLE
ME, MYSELF AND GOD
PRAYING THE BIBLE
FINDING PEACE THROUGH SPIRITUAL PRACTICE
FREEDOM DIET BOOKS
VITAMINS AND PREGNANCY
THE DOCTOR WILL SEE YOU NOW
PRESCRIPTION FOR NATURAL CURES
ANTI-INFLAMMATION DIET AND RECIPE BOOK: 2ND EDITION
THE YEAR OF DRINKING ADVENTUROUSLY
THE CASE FOR ISRAEL
HEALING PSORIASIS
GLUTEN FREEDOM
GEEK PHYSICS
THE POWER OF POSITIVE DOG TRAINING
MAKING RUMOURS
EARTHING
ALZHEIMERS DISEASE
YOUR SELF-CONFIDENT BABY
ASTRONOMY: EIGHTH EDITION
BATMAN AND PSYCHOLOGY

RECENT BESTSELLERS
HOW TO ORDER/FOREIGN RIGHTS
SPRING & SUMMER FRONT LIST
**JANE BUTEL COOKBOOK LIBRARY**

**SOUTHWESTERN KITCHEN**

**SIMPLY SOUTHWESTERN**

**TEX-MEX COOKBOOK**

**JANE BUTEL**

**SOUTHWESTERN KITCHEN INFORMATION**

Paperback ISBN: 978-1-68-162460-0  
$19.95 ($26.95 Can.)  
7.5 x 9.25     352 Pages

**SIMPLY SOUTHWESTERN INFORMATION**

$19.95 ($26.95 Can.)  
7.5 x 9.25     224 Pages

**TEX-MEX COOKBOOK INFORMATION**

$19.95 ($26.95 Can.)  
7.5 x 9.25     256 Pages

**COOKING / REGIONAL AND ETHNIC**

Jane Butel is the leading international authority on the cuisine of the American Southwest and Regional Mexican cooking. Known for her clear, easy to understand recipes and culinary instruction—she has been recognized as the “Best in the US” by Gayot.com and one of the four best Cooking Schools in the World by *Bon Appetit* magazine.

She has authored 22 cookbooks, including many best sellers, hosted four television shows and national radio shows, and conducts hands-on cooking schools and culinary tours.

---

**HORSE GAITS, BALANCE AND MOVEMENT REVISED EDITION**

**SUSAN E. HARRIS**

**INFORMATION**

$29.95 ($37.95 Can.)  
7.5 x 9.25     288 Pages

**SPORTS & RECREATION / EQUESTRIAN**

The instant classic on horse movement is now completely revised and updated with color illustrations.

Horses are born to move—a foal can walk, trot, and gallop within hours of birth. But not all horses move equally well, and the way a horse moves can have a real impact on how you ride. In this unique book, Susan Harris presents more than 300 eye-opening drawings that show you exactly how horses move. She illustrates movements common to all horses, pinpoints movement problems, reveals how a human in the saddle affects a horse’s movement, and helps you become a better, more accomplished rider.
Even in the wilderness, trouble seems to find Karl Bergman. Years after his run-in with a serial killer on the Appalachian Trail, Bergman sets out with his dog, Blazer, on a thru-hike of the Pacific Crest Trail—hoping to return home a better man. But the discovery of a dead body on the outskirts of the Anza-Borrego Desert threatens to embroil Bergman in another violent chain of events with even higher stakes than his previous ordeal. This time his adversary is not just one man as the dead body appears to be linked to a drug cartel using mules to move product from Mexico to Canada. An uneasy alliance with a San Diego narcotics officer makes things more difficult, but when Bergman reconnects with his estranged son Kenny, a sophomore at UCLA, he puts both of them in grave danger that can only be escaped by bringing down the cartel’s operation.

REACHING THE SURFACE WAS JUST THE BEGINNING.

As Myra Jackson and her friends set out to find the First Continuum, Captain Aero Wright and two companions from the outer space Second Continuum find themselves banished for treason and stranded on Earth. Wright has vowed to complete his late father’s mission to recolonize their ancestral planet, but his true mission is to find the mysterious girl who haunts his dreams. Meanwhile, Myra and the young refugees of the underwater Thirteenth Continuum must make an unlikely ally if they are going to survive the hostile surface world and reach their destination, the nexus of humanity’s hope for survival. As their paths begin to converge, the Beacons that guide and connect Myra and Aero begin to prove their power, and a shadowy force with a centuries-old grudge reveals itself.
THE GOBLIN CROWN
BILLY SMITH AND THE GOBLINS: BOOK ONE
ROBERT HEWITT WOLFE

Information
$16.95 ($22.95 Can.)
5.5 x 8.5
336 Pages
Young Adult

Billy Smith is having a rough first day of high school. The new kid at exclusive Francis Drake Prep, Billy embarrasses himself in front of fiery, beautiful Lexi Aquino. He makes an instant enemy in Kurt Novac, the school’s surly star quarterback. Then suddenly Billy, Lexi, and Kurt are mysteriously transported to an underworld teeming with goblins, strange animal hybrids, and powerful magic—the fact that they’re stuck there is probably Billy’s fault, too. With help from an unlikely goblin leader named Hop, the teens soon discover that goblins can be both fierce and friendly, with their own rich language, culture, and history—a history that foretells of a human arriving to claim the Goblin Crown and lead them to victory against the deadly, invading Hanorians. Could Billy—anxious, awkward Billy—be the mythical Goblin King? Could saving the goblin race be his destiny and the key to getting him, Lexi, and Kurt back home?

MORE THAN MANAGING
The Relentless Pursuit of Effective Jewish Leadership
RABBI LAWRENCE A. HOFFMAN

Information
$27.99
6 x 9
250 Pages
Religion / Leadership

Inspired by thirty years of pioneering work by retail giant Leslie Wexner’s philanthropic focus on Jewish leadership, More Than Managing brings together diverse and remarkable thinkers to address challenges facing communal life and the skills and strategies demanded by them. The book features diverse strategies for twenty-first-century leadership, critical lessons for organizational and communal success, and the questions vital to our changing and challenging times.
A SHORT TIME TO STAY HERE
A Novel
TERRY ROBERTS

War changes everything that should have been the summer of 1917. The United States enters World War I and Stephen Robbins’ beloved Mountain Park Hotel is pressed into service as an internment camp for over 2,000 German nationals, including Hans Ruser and his men. Feisty Anna Ulmann, seeking independence in a male-dominated world, flees south from New York to devote her life to documentary photography in beautiful Hot Springs, North Carolina. Haunted by demons past and present, they face heartbreaking tragedy. Yet together they discover the true meaning of imprisonment and escape.

THE MAGDALENE SCROLLS
A Novel of Obsession
BARBARA WOOD

When the first of the Magdalene Scrolls arrives, Professor Ben Messer is puzzled, intrigued, excited. What scholar of ancient languages wouldn’t be, when he held in his hands something even more astonishing than the Dead Sea Scrolls—a scroll just discovered to contain the life story and last confession of a man who had lived in Jerusalem just after the death of Christ.

By the time the second scroll arrives, Ben’s interest has begun to be more than professional. For it seems that David, the writer of the ancient scrolls, is in many ways very much like Ben—and he seems to be speaking directly to Ben, across nearly 2,000 years of history. Before long, the terrifying transformation has begun, and there can be no turning back.
3-DAY MINI DETOX
The Fast, Easy Way to Feel Fabulous and Lose Weight
SUSANNE GRACE

Want to feel lighter and full of energy, clear your head, and get rid of that bloated feeling? The easy, sensible, and natural 3-Day Mini Detox will help you feel truly alive again—and it's a breeze to do.

Nutritious, delicious and easy-to-make recipes using fresh organic foods are included, along with soothing therapies and all the information you need to enhance this holistic approach to detoxing. Be amazed at the extra energy you have, how simple it is to lose weight, and the glow your skin gets when you follow the 3-Day Mini Detox.

Detoxing over three days is easy, manageable and most importantly, realistic. You will lose weight, your skin will heal and shine, you will gain more energy and clarity of mind, and feel so much better!

ABOVE
THE BROKEN SKY CHRONICLES: BOOK TWO
JASON CHABOT

The epic adventure continues... Elia has been separated from Hokk for many weeks as she struggles to live with the Torkin marauders. Viewed as a dangerous outsider, she works tirelessly to gain their acceptance, though all the while, she has resigned herself to never being able to return to her home above the clouds.

Yet Hokk has found a way to leave Below for good, and once he crosses forbidden boundaries to track Elia down in the mountains, they finally escape and fly away to Above.

Together, they embark on a perilous quest that takes them across the scorched sand dunes of a desolate floating island, where the sun's deadly rays endanger Hokk's life. Their only hope of survival is to be saved by a family with important ties to the privileged classes which Elia has been trying to infiltrate. As she digs deeper, scandalous secrets are revealed, threatening to destroy everything Elia has been trying to do to save Hokk, herself, and her own family from the forces that would see them eliminated.
BASEBALL PROSPECTUS 2017
The Essential Guide to the 2017 Season
Edited by AARON GLEEMAN and BRET SAYRE


The 22nd edition of the industry-leading Baseball Prospectus annual is the essential guide to the 2017 season. Including projections and commentary on nearly 2,000 players from veterans to prospects and in-depth analysis of each big league team, it is every baseball fan’s indispensable resource.

KNOTTSPED
A Love Story
JEFF JOHNSON

Enigmatic, charming, and brutally resourceful, Knottspeed is a man on a mission. He also happens to be dead, but the rumors of his demise have been slightly exaggerated—by the man himself—as the key to his plan.

A problem-solver, a finder of lost people and rare things, and an accomplished criminal, Knottspeed is experiencing Big Love for the first time in his life, and his elaborately orchestrated plot to reunite with his beloved will profoundly affect everyone he meets, including a rudderless, alcoholic piano player; a wealthy, dispassionate doctor; and an amiable-but-desperate cab driver. From the bars and graveyards of Portland, Oregon to the taco stands and charity hospitals of East Los Angeles, Knottspeed is the uncompromisingly offbeat story about the momentum of love.
THE RULE OF BENEDICT
Christian Monastic Wisdom for Daily Living
JANE TOMAINE

This accessible introduction to The Rule of Benedict, intended for readers unfamiliar with Benedictine monasticism, presents the Rule as a guide to a God-centered, balanced approach to life. It shows us how to use Benedict’s wisdom to build relationships and communities formed by love and respect. It offers historical background and personal reflections on Benedictine topics such as living in the present moment, balance, finding God in everyday life, individual and community prayer, hospitality, and healthy approaches to work and service.

THE WORLD WISDOM BIBLE
A New Testament for a Global Spirituality
EDITED BY RAMI SHAPIRO

The World Wisdom Bible is a global spiritual conversation about the nature of life and how best to live it. Drawing on ancient and timeless texts from Christianity, Judaism, Islam, Buddhism, Hinduism, Confucianism, and Taoism, this compendium of sacred texts juxtaposes seemingly divergent teachings to create a spiritual collage of wisdom that crosses religious boundaries, and invites the reader to step beyond the limits of any one faith into a global spirituality. Organized by themes, The Absolute, Justice, Wisdom, Compassion, Spiritual Practice, Ethical Living, and more, The World Wisdom Bible is more than an anthology of diverse teachings; it is a new scripture for those who describe themselves as spiritual independents, spiritual but not religious, and nones. Where conventional Bibles and scriptures speak to believers of one religion or another, The World Wisdom Bible speaks to seekers of every faith and none.
In his fresh and life-giving translation of the Gospels with sparkling commentary, spiritual innovator Thomas Moore strips the Gospels of their theological agendas and reclaims them as a fundamentally new way of imagining human life. He blends scholarship and pastoral guidance to highlight the Gospels’ teachings on earthly, rather than otherworldly, living in which community, compassion, inclusiveness, prayer, and healing are key elements. He draws deeply from Greek philosophy, literature, and spirituality to craft an accurate and challenging yet accessible translation that, free of religious moralism and dogmatism, is beautifully imaginative and inspirational. Be inspired to live an altogether different kind of life rooted in a more radical kind of love.

Are you thinking of having a baby? Perhaps you’re pregnant or nursing a newborn. Whatever the case, Expect the Best shows you how a healthy lifestyle from preconception to postdelivery will help you to have the brightest, healthiest child possible. You’ll find dozens of useful, easy-to-follow tips for healthy eating and physical activity, including:

- Why you (and your partner) should achieve a healthy weight before trying for a baby, and how good nutrition helps maximize fertility in women and men
- Trimester-by-trimester advice about nutrition and exercise during pregnancy
- Safe postpregnancy weight loss, and the best eating plan for nursing moms
- How diet can help you handle conditions such as gestational diabetes and morning sickness
- 50 delicious, nutritious, and easy recipes your entire family will love
ORTHOMOLECULAR NUTRITION FOR EVERYONE
Megavitamins and Your Best Health Ever
HELEN SAUL CASE

- Known expert: Helen Saul Case is a known authority in orthomolecular medicine, and has been featured in numerous orthomolecular features and media opportunities, including the recently-released That Vitamin Movie.
- Bestselling author: Helen Saul Case has authored various orthomolecular titles that have sold thousands of copies, and has co-authored with her father, Andrew Saul (author of bestselling titles Niacin and Doctor Yourself).
- Written with a general audience in mind: This title is a more holistic approach to orthomolecular medicine, which will offer a more general market and wider-range of readers than other orthomolecular titles that are more specific.

SCAB VENDOR
Confessions of a Tattoo Artist
JONATHAN SHAW

Jonathan Shaw’s Scab Vendor: Confessions of a Tattoo Artist is a surreal, multi-generational roller coaster ride through the underbelly of modern culture, charting the course of a life measured by extremes, and all the people, places, and events that shaped that life into a survivor’s tale of epic proportions. In its pages, Shaw takes the reader deep, not only into the recesses of his extraordinary mind and adventures, but also into the strange and magical process of memoir-writing itself.

If truth is indeed stranger than fiction, then, as Shaw’s friend and literary mentor Charles Bukowski once told him, much of this book would have to be lived before it could be written. In that sense, Scab Vendor: Confessions of a Tattoo Artist is much more than a fascinating chronicle of a popular outlaw artist’s creative evolution. It is a multicolored, cinematic, modern-day Odyssey, written in blood, ink, and tears—a kaleidoscopic, visionary roadmap to the journey of the human soul.
Mourning & Mitzvah gives spiritual insight and healing wisdom to those who mourn a death, to those who would help them, and to those who face a loss of any kind. Mourning & Mitzvah teaches you the power and strength available to you in the fully experienced mourning process.

When the temple stood in the ancient city of Jerusalem, mourners walked through the gates and into the courtyard along a specifically designated mourner’s path. As they walked, they came face to face with all the other members of the community, who greeted them with the ancestor of the blessing, “May God comfort you among the mourners of Zion and Jerusalem.” In this way, the community embraced those suffering bereavement, yet allowed for unique experiences of grief.
This is a madcap erotic journal of the very separate parts of one woman’s life. It is played out with a great personal intensity, a kind of tape-recorded reality that stuns and amazes upon the sound of her own voice. Fast forward to Juarez, Mexico; reverse to her flamboyant grandfather’s used stageprop farm, or to life in Paris with a hypnotist; hold, for a moment of tormented reflection, on Jason, the nonhusband; then slowly spin forward again, frantic and funny, turn, turn, to everything there is a season . . . . Should the tape chance to break, she bends and splices it together, twists it and sets it to reel on a little further.

Miss Hochman pulls and tugs her heroine—a mother, tapdancer, writer, and partner in an affair that stretches from an ocean beach to real estate on Seventy-second Street—as she is caught to a bizarre parade of men on the hunt in New York City. Her invention, sensuality, and poetic gifts lend to Walking Papers a totally original novelist’s voice belonging, in Diana’s words, to "a woman obsessed with essentials." A woman to be read.

First published by Prentice-Hall in 1978, Hochman’s approach to teaching is just as unconventional and revelatory today as it was forty years ago.

From the Introduction by Hochman: This is a personal book that I hope will be like a friend. In a simple way I want to tell you some thoughts that I have about writing poetry and songs, and share with you some warm-up exercises for writing that can be used to limber up the mind the same way that dancers limber before a performance. Writing has always been for me a necessary experience—something that I feel compelled to do. If that feeling of wanting to write is inside of you—what I call the Necessary Angel wanting to speak—that writing can be a part of your life experience the way it is part of mine.
Sandra Hochman is the author of six novels with three forthcoming from Turner Publishing. She is a Pulitzer Prize-nominated poet with six volumes of poetry. She also authored two nonfiction books and directed a 1973 documentary, *Year of the Woman*, currently enjoying a renaissance. Her work has appeared in *The New Yorker,* and she was a columnist for *Harpers Bazaar.* She also ran her own foundation, "You're an Artist Too", at the Metropolitan Museum of Art to teach poetry and song writing to children ages 7–12 for fifteen years.

When asked in 1976 by a reporter from *People* Magazine if her first two novels were autobiographical, Sandra Hochman replied, "My real life is much more fabulous than the books. One day I plan to write about it—men, Paris, and women’s liberation. It will probably be called *Unreal Life.*"

Hochman first met Pulitzer Prize-winning American poet Robert Lowell in 1961 at the Russian Tea Room in New York. She was to interview him for *Encounter* magazine. Hochman was twenty-five and had recently returned from Paris where she had lived with her husband for four years. They were now separated. Lowell was forty-three with plans to leave his wife. Hochman remembers it as the day that changed her life. The two poets fell in love instantly, and before the night was over, they had vowed to stay together forever. In Hochman’s first literary work in almost forty years, she writes in startling detail about the torrid and ultimately doomed affair that would follow.
HOTTER THAN HELL INFORMATION
PUB DATE: APRIL 18TH, 2017
$19.95 ($34.95 Can.)
7.5 x 9.25
128 Pages

FINGER LICKIN', RIB STICKIN', GREAT TASTIN', HOT AND SPICY BARBECUE INFORMATION
PUB DATE: JUNE 27TH, 2017
$12.95 ($24.95 Can.)
7.5 x 9.25
224 Pages

Jane Butel is the leading international authority on the cuisine of the American Southwest and Regional Mexican cooking. Known for her clear, easy to understand recipes and culinary instruction—she has been recognized as the “Best in the US” by Gayot.com and one of the four best Cooking Schools in the World by Bon Appetit magazine.

She has authored 22 cookbooks, including many best sellers, hosted four television shows and national radio shows, and conducts hands-on cooking schools and culinary tours.

CITIES OF MEN
A Novel
WILLIAM JENSEN

INFORMATION
PUB DATE: MAY 23RD, 2017
$15.95
5.5 x 8.5
256 Pages

In 1987, twelve-year-old Cooper Balsam’s mother, Arden, disappears without a trace. Cooper’s father, Percy, a Vietnam veteran struggling with PTSD, doesn’t seem too concerned. “This isn’t the first time. She’s done it before.” As days pass, Cooper begins to act out and withdraw from the world, and his growing animosity toward his father’s ambivalence begins to escalate even as Percy and Cooper begin to actively search for the woman in their lives. From the hills of Southern California, to the deserts of Arizona, and down to the beaches of Mexico, the father and son will look for someone who may not want to be found for reasons they don’t yet understand.
BEYOND
THE BROKEN SKY CHRONICLES: BOOK THREE
JASON CHABOT

INFORMATION
PUB DATE: MAY 16TH, 2017
$19.95
5.5 x 8.5
432 Pages

YOUNG ADULT FICTION / FANTASY

In the epic conclusion to Jason Chabot’s Broken Sky Chronicles, Elia is a fugitive, on the run from the Imperial Guards, who have launched a city-wide manhunt and offered a reward for her capture. Hokk is also on Elia’s trail—one step behind and all too aware of the mortal danger she is in. Elia possesses evidence that could topple the oppressive monarchy, but it is becoming increasingly difficult to know who is an enemy and who is an ally in the quest to overcome those who have wrought misery in the realms of Above and Below. As their worlds drift ever farther apart, Elia and Hokk will have to decide where it is they truly belong and what it means to be reunited.

THE UNITED CONTINUUMS
THE CONTINUUM TRILOGY: BOOK THREE
JENNIFER BRODY

INFORMATION
PUB DATE: JULY 11TH, 2017
Paperback ISBN: 978-1-68-162262-0
$17.95
5.5 x 8.5
464 Pages

YA FICTION / SCIENCE FICTION / DYSTOPIAN

In the epic conclusion to the award-winning Continuum Trilogy, Aero leads a group of insurgents from the Second Continuum to overthrow his rival Supreme General Vinick and unite his space colony’s military forces, while Seeker takes on a secret mission back to her home colony to reinforce Earth’s defenses and defend the First Continuum against an even greater threat. Meanwhile, Myra’s nightmares have become a reality as the Dark Thing hurtles toward Earth with designs on eradicating the planet’s fledgling populace. The only thing standing in the way are the three Carriers and those who would join them to fight against a second coming of the Doom.
NOTABLE TITLES
NEXT GENERATION JUDAISM
How College Students and Hillel Can Help Reinvent Jewish Organizations
RABBI MIKE URAM

What we’re learning on campus can help the Jewish community build better, smarter and faster synagogues, Federations, and JCCs. The Jewish world is changing before our eyes. The traditional notions of what it means to be a Jew, what Jewish organizations look like, and what Jewish leadership means are no longer working, leaving many Jewish organizations in a struggle for survival. Many Jewish leaders are afraid that this will only get worse as the millennials—the “my way, right away, why pay” generation—begin to enter adulthood. But college campuses are incubators of new and vibrant expressions of Jewish life. With motivation and entrepreneurial spirit, and without the limitations of cynicism or institutional history, students are inventing and reinventing Jewish community, Jewish prayer, Jewish service, and Jewish learning, and Hillel is right there with them. Each chapter of this book explores innovations developed on the University of Pennsylvania campus and shows how they can be applied to synagogues, Federations, and JCCs to help them reinvent themselves so that they are better able to meet the changing needs of American Jews. This is an essential resource for lay leaders, rabbis, cantors, and anyone who wants to build a brighter Jewish future for all Jews and the institutions that support them.

THE HEART OF LONELINESS
How Jewish Wisdom Can Help You Cope and Find Comfort
RABBI MARC KATZ

Loneliness is pervasive in our society but is rarely addressed. It comes in many forms, from the loneliness of loss to that of sickness; from single life to marriage to divorce. Through sensitivity, compassion, and insight, this book provides the stories and tools we need to begin addressing loneliness in our lives and the lives of those we love. With masterful storytelling, Rabbi Marc Katz uses the pains of our ancestors to show us the unique ways loneliness appears in our lives. Drawing on the stories of Isaac and Rachel, King Uzziah and Tamar, Jeremiah and Honi, Hagar and Aaron, Rabbi Katz helps readers understand the nuances of loneliness in their own lives. He helps them understand that although their pain may feel like an island, others have walked there before them. Thoughtful insights on loneliness also help family and friends have a better sense of how and why their friends, children, parents, and co-workers suffer. Then, using the tools of the Jewish tradition, Rabbi Katz looks at concrete ways as individuals and as community members we may help those who are lonely in our midst. This book is for anyone who is suffering or has suffered from the pain of loneliness as well as those loved ones who stand on the sideline feeling ill-equipped to address the alienation they see.
RELIGIOUS zealotry plagues the world. It drives susceptible people to believe they have all the truth, all the wisdom, all the divine favor. And in some cases it even moves them to murder people who, they have concluded, are enemies of God. In *The Value of Doubt*, veteran journalist Bill Tammeus draws deeply on his own Protestant experience of doubt and faith and, in a series of reflections, contends that the road to a rich, dynamic, healthy faith inevitably must run through the valley of the shadow of doubt. The opposite of faith, he says, is not doubt; rather, the opposite of faith is false certitude. Tammeus argues in favor of recognizing our mortality, of adopting the Benedictine virtue of humility and of realizing that we live by metaphor, by allegory, by myth. It’s the willingness to question, to reconsider, to be comfortable with ambiguity and paradox that will save faith from the hands of those who seem to know all the answers before they ever hear the questions. This lively and challenging look at the religious life is for anyone seeking to build and enrich an authentic faith and courageous enough to see doubt as an essential part of it.
LAND OF THE AFTERNOON SUN
A Novel
BARBARA WOOD

New York Times bestselling author Barbara Wood’s latest novel follows a disinherited English baron and a young New York heiress who marry and move West to build an agricultural empire in Palm Springs in the 1920s when it was just a budding town on the edge of the Mojave Desert. It’s a saga about ambition on both large and small scales and the rapidly modernizing world as the harsh, sun-drenched landscape transforms from a Native American haven to the playground of Hollywood’s rich and famous.

Land of the Afternoon Sun is also the story of a woman finding her own personality and strength in the West against a breathtaking desert landscape that changes constantly and shows its deadly side in poisonous snakes, flash floods, and sand storms, with dramatic moments of forbidden romance, reversals, treachery, betrayal, and, ultimately, triumphs.

IN AMERICA
THE WAYFARER TRILOGY: BOOK THREE
NINA ROMANO

Beautiful, headstrong Marcella Scimenti has the affection of a handsome neighborhood boy, the love of her large Italian family, and serious dreams of singing in Hollywood. But the course of true love—nor the journey to finding one’s true self—never did run smooth. In America follows the story of Marcella, the daughter of the characters at the center of Nina Romano’s continent-spanning Wayfarer Trilogy, as she comes of age in Bay Ridge, Brooklyn, in the late 1920s. In the trilogy’s heartwarming conclusion, Marcella must learn to balance new friendships, promising suitors, and life as a modern working girl with the expectations of her tradition-bound family, all against the backdrop of a looming economic depression and a changing world. Along the way, she unearths a devastating family secret that shakes her to her core and tests the boundaries of her love, loyalty, and faith.
LEOPOLD
DR. RUTH K. WESTHEIMER
and PIERRE LEHU
Illustrated by SUZANNE BEAKY

Leopold is an uplifting parable about a turtle overcoming his fears, as told by Dr. Ruth Westheimer, with beautiful, hand-painted illustrations. Dr. Ruth’s grandson, Ben, is afraid to join the soccer team. To help out, she tells him the story of Leopold the Turtle, who always stays on the shore. It terrifies him to go join the other turtles and play in the water and sun on the rocks. Leopold just can’t get out of his shell, and the longer he waits, the more he starts to doubt. Even though Leopold feels quite alone, he stays on the riverbank where it’s safe. But Freddy the Frog is a little concerned about Leopold and asks him to join them in the river. Leopold has to choose whether to brave the unknown and join his friends or to stay lonely and remain safe on land. In this charming, rhyming tale of a turtle too afraid to set foot in the river, Leopold proves that facing your fears can set you free.

HEY, GOD? YES, CHARLES.
Conversations on Life, Loss and Love
REBECCA H. COOPER

An “ACCIDENTAL MASTERPIECE” TAKEN FROM A WIDOW’S NOTES DURING THE YEAR FOLLOWING HER HUSBAND’S DEATH

- Sharing: A great gift of daily inspiration for anyone who has suffered or is suffering from the loss of a loved one. A heartfelt new look at the process of grieving and healing.
- Accidental Masterpiece: Taken from the author’s hand-written notes composed during the year following her husband’s death. Each overheard conversation is a reflection of joy, empathy, and love that will bring those dealing with loss comfort.
- Universal: A full range of human emotions guiding the reader through a year of coping—from humorous and heartbreaking to witty and charming.
Based on the idea that nature has a soul and that we can communicate with it, ECOtherapy techniques aim to restore and maintain a harmonious energy balance in ecosystems and other systems. *The Universe Loves a Happy Ending* describes how this revolutionary energetic method of remote healing can be used to increase the vitality of communities, nature reserves, and organizations from a distance. Accessibly written, with numerous color illustrations, this guide offers a clear understanding of the principles of ECOtherapy to everyone. Making innovative connections between science and universal spiritual laws, the book demonstrates that energetic guardians consciously using their intuitive development in working with nature can stimulate an ecosystem’s long-term vitality. Using the principles and techniques explained in the book, readers can also energetically charge and give direction to their own lives. As such, *The Universe Loves a Happy Ending* empowers each of us to take an active role in caring for the planet.
Korby Lenker’s first book features twenty-seven stories culled from his fifteen years as a solo-touring indie artist. These stories are as colorful as his titles suggest—“Rat’s Dude”, “Manboy and the Mafia Table”, “Catlady”—and flourish under his descriptive, empathetic pen. From a romantic-encounter-turned-family-crisis, to a humorous eulogy for his recently deceased piano teacher, to an unlikely visit with a convicted felon in a California desert, he has distilled an unusual life into a few potent vignettes that you will read more than once.

Up to this point in his life, Korby has been a professional singer-songwriter, traveling around by himself, playing songs for small audiences, and selling CDs out of a suitcase. Occasionally there have been moments when the light shined particularly bright, but mostly it’s just been him and a guitar, making music in living rooms and clubs and the occasional concert hall.

He has met a lot of people, most of whom leaned—like him—toward the fringe side of the social spectrum. He’s written some of them into stories—hunched over a laptop in the backseat of a touring van, or in the lobby of a Best Western, or on the cracked vinyl couch of a rock club’s green room, poking a keyboard with a pair of sweaty pointer fingers.

Once again, the shrewd detective must capitalize on his “outsider” status to stay several steps ahead of the locals, many of whom seem to harbor dark motives. Is the culprit one of the white landowners the exclusive St. Lucia Island Club counts among its membership; the descendants of former African slaves said to inhabit the island’s inland jungles; or someone else entirely? As the body count rises, John and Lordis race to uncover St. Lucia’s deepest mysteries, including secret identities, long-held rivalries, and who stands to profit most from the island’s future. The St. Lucia Island Club paints a vivid portrait of the Caribbean island’s scenic beauty and complicated history at the turn of the twentieth century.
THE SEXLESS MARRIAGE FIX
Rescuing a Sexless Marriage and
Making it All it Can Be
ROBERT M. FLEISHER, D.M.D.
ROBERTA FOSS-MORGAN, D.O.

The Sexless Marriage Fix, by doctors Robert Fleisher and Roberta Foss-Morgan, is the book that gets everyone talking about a problem no one is talking about: sexless marriage. Unfortunately, it’s an intimate problem that is nearing epidemic proportions. But what many don’t realize is that there are real solutions, and it all begins with a blood test! In this eye-opening book, the authors reveal:

- the true causes of the decline in the nature and frequency of sexual relations, including personal, behavioral, physical (including hormonal), psychological, or combined factors.
- an intimate and straightforward discussion on male and female sexuality, including a frank exploration of aspects related to a decline in attraction unique to each gender.
- how to work through virtually any problem with a comprehensive program designed to restore harmonious feelings and increase intimacy.

DR. EARL MINDELL’S MEMORY BIBLE
Secrets of a Super Memory and Optimal Brain Health
EARL MINDELL, R.PH., PH.D.

We are living longer than ever before. With this extended life span comes new concerns like memory issues and dementia, which can interfere with the ability to live a full, involved, and independent life. The good news is, age-related memory problems are not a natural product of aging. We can enjoy good cognitive function well into our senior years, and Dr. Earl Mindell shows us how.

In Dr. Earl Mindell’s Memory Bible, he equips you with the knowledge and tools you need to stop cognitive debilitation in its tracks and to maintain a healthy memory well into your eighties and beyond. This book discusses how aging impacts cognitive function, how common medications intended to improve memory actually impact the brain, and what you can do to preserve and even improve your memory.
ME, MYSELF & GOD
A Theology of Mindfulness
RABBI JEFF ROTH

Many of our human existential struggles stem from the sense of disconnection, alienation, and loneliness that comes from a fragmented view of reality. The typical concept of “self” creates a profound sense of isolation from other beings, leaving us feeling lost and hopeless. But the practice of mindfulness, combined with the teachings of Torah, offer a direct path to liberate ourselves from alienation, awaken to the truth of the present moment and create a new relationship with God. Drawing on the insight and audacity of Jewish mystics, and rooted in a rich understanding of Torah, Rabbi Jeff Roth helps readers overcome this sense of separation and reconnect with a more harmonious flow of life. He equips spiritual seekers of all faiths—or none—with powerful techniques rooted in Jewish mystical practices: using the raw material of sacred texts as building blocks for the construction of new worlds, and experiencing the present through mindfulness meditation and loving attention to each moment. By letting go of our old notions of reality, we can recognize the undivided nature of the world and enter into a transformative divine awareness.

PRAYING THE BIBLE
Finding Personal Meaning in the Siddur
RABBI MARK H. LEVIN

What is the mystery of the Jewish people? How has Jewish spirituality triumphed over times of persecution as well as the enticements of assimilation? Out of the depths of Jewish despair, the rabbis of the first century and after developed a restorative prayer tradition that has invigorated the Jewish people for two thousand years, in both flourishing environments like the Golden Age of Spain and times of persecution like the Nazi Holocaust. The problem is that most contemporary Jews are unaware of the power residing in their spiritual treasure chest. Praying the Bible is the key to opening the treasure chest. It explores and explains the prayers we read and gives those prayers new meaning. It illuminates the Jewish prayer book as churning with the existential realities of human life and the struggles of the Jewish people. It places the praying person in the living covenant with God, showing how the prayer book can address individual life circumstances with reference to both parallel historical events and daily realities. It provides insights that resonate equally with lay people eager to add depth and meaning to their prayer lives and rabbis looking for engaging sermon material.
FINDING PEACE THROUGH SPIRITUAL PRACTICE
The Interfaith Amigo’s Guide to Personal, Social and Environmental Healing
PASTOR DON MACKENZIE, RABBI TED FALCON, IMAM J. RAHMAN

In this, their third book, the Interfaith Amigos look at the specific issues we face in a pluralistic society and the spiritual practices that can help us transcend those roadblocks to effective collaboration on the critical issues of our time. Focusing on the interconnection of spirituality and authentic interfaith dialogue, they examine:

• How Spiritual Awareness Can Heal Our Own Traditions
• Beyond Polarization: Confronting Our Most Personal Obstacle
• Spiritual Paths to Environmental Stewardship
• Spiritual Paths to Social Justice
• How to Make Spirituality a Way of Life

This book helps awaken readers to the spiritual consciousness within each of us that provides the foundation for much-needed healing. Each chapter includes spiritual practices to aid us in reclaiming the deep spiritual truths of our own being.

THE FREEDOM DIET & THE FREEDOM DIET COOKBOOK
Lower Blood Sugar, Lose Weight & Change Your Life in 60 Days
JESSICA K. BLACK, ND

In today’s fast-paced world, sixty days sounds like a long time. But what if you could change your health forever in those sixty days? Originally designed by Dr. Jessica Black as a way to positively impact the lives of diabetics, The Freedom Diet reaches far beyond controlling blood sugar levels. Dr. Black’s plan helps people gain the freedom to enjoy life to its fullest by converting unhealthy habits into healthier ones through exercise and dietary changes. Proven effective over years of use by Dr. Black’s patients, The Freedom Diet details a plan not only for healthy living and weight loss but also for the prevention of premature aging and chronic illness.

Break your addictions, change your thinking, and never count calories again for the rest of your life. Your new life is only sixty days away.
VITAMINS & PREGNANCY
The Real Story
HELEN SAUL CASE

Vitamins & Pregnancy: The Real Story is a comprehensive, yet easily readable nutritional guide to optimal health—for both you and your baby—that tackles the topics other pregnancy books don’t, including:

- The many ways nutrition helps to ensure your baby’s best development in utero—with lifelong benefits for mother and child
- How vitamin C helps prevent birth defects, postpartum hemorrhages, and even stretch marks; vitamin E helps prevent miscarriage; magnesium helps cramping legs and sore, aching backs; and extra vitamin B6 alleviates morning sickness—without a prescription!
- Optimal vitamin and mineral intakes during pregnancy and breastfeeding
- What the research says about efficacy and safety
- Nutrition-based advice to help alleviate more than 35 pregnancy issues, from acid reflux and yeast infections, to postpartum challenges—including depression and losing weight

THE DOCTOR WILL SEE YOU NOW
Recognizing and Treating Endometriosis
TAMER SECKIN, MD

Endometriosis materializes when the endometrium—the tissue that lines the inside of the uterus—sheds, but does not exit a woman’s body during her period. Instead, it grows outside of the uterus, spreading to organs and nerves in and around the pelvic region. The resulting pain is so physically and emotionally insufferable that it can mercilessly dominate a woman’s life. The average woman with endometriosis is twenty-seven years old before she is diagnosed. It is one of the top three causes of female infertility. The pain it emits can affect a woman’s career, social life, relationships, sexual activity, sleep, and diet. It is incurable, but highly treatable. Unfortunately, though, it is rarely treated in a timely manner, if at all, because of misdiagnoses and/or a lack of education among those in the medical community.
Hundreds of thousands of readers have relied on *Prescription for Natural Cures* as the source for accurate, easy-to-understand information on natural treatments and remedies for a host of common ailments. The new edition of this invaluable guide has been thoroughly updated to reflect the very latest research and recommendations. This revised edition prescribes remedies for almost 200 conditions, including new entries such as gluten sensitivity and MRSA. You’ll find easy-to-understand discussions of the symptoms and root causes of each health problem along with a proven, natural, customized prescription that may include supplements, herbal medicine, homeopathy, aromatherapy, Chinese medicine, hydrotherapy, bodywork, natural hormones, and other natural cures in addition to nutritional advice.

The connection between inflammation and heart disease, arthritis, and other chronic ailments has become increasingly clear. Many food allergies and poor dietary choices over stimulate the immune system and cause inflammatory responses that erode the body's wellness and pave the path for ill health. Based on her naturopathic practice, Jessica Black has devised a complete program for how to eat and cook to minimize and even prevent inflammation and its consequences. The first part of the book explains the benefits of the anti-inflammatory diet with an accessible discussion of the science behind it. The second half contains 108 recipes. The author offers many substitution suggestions and includes a healthy ingredient tip with each recipe. Most of the dishes can be prepared quickly and easily by even novice cooks. A week of sample menus for summer months and another for winter are included, as well as a substitutions chart, allowing readers to modify their favorite recipes to increase their healing potential. This second edition includes a new introduction from the author, as well as brand new and revised recipes.
THE YEAR OF DRINKING ADVENTUROUSLY
52 Ways to Get Out Of Your Comfort Zone
JEFF CIOLETTI

You want a little adventure in your life. And why not? With thousands of artisanal breweries and distilleries in the United States, there are more choices than ever on tap and behind the bar. So many, that you’re a little bit intimidated.

But throughout the course of a year you can learn to impress and earn respect by enhancing your bar smarts and becoming a pub savant with The Year of Drinking Adventurously, a guide to getting out of your beverage comfort zone once a week for a year. Each of the fifty-two chapters features the story behind a unique beer, spirit, cocktail or wine, designed to broaden your drinking horizons. Some correspond with specific seasons or holidays, encouraging you to forget the million-dollar-marketing-supported “conventional wisdom” and drink against the grain. It’s Cinco de Mayo? There’s much more to the celebration than lime-enhanced lager and shots of cheap tequila. St. Patrick’s Day? Do you really want to be the 700th person of the evening to order a Guinness with a shot of Jameson?

The Year of Drinking Adventurously takes the social cross drinker on a journey into the exciting and unknown—one week at a time.

THE CASE FOR ISRAEL
ALAN DERSHOWITZ

The Case for Israel is an ardent defense of Israel’s rights, supported by indisputable evidence.

- Presents a passionate look at what Israel’s accusers and detractors are saying about this war-torn country.
- Dershowitz accuses those who attack Israel of international bigotry and backs up his argument with hard facts.
- Widely respected as a civil libertarian, legal educator, and defense attorney extraordinaire, Alan Dershowitz has also been a passionate though not uncritical supporter of Israel.
According to the National Psoriasis Foundation, at least seven million people in the US and more than 100 million worldwide suffer from this chronic skin disease. This book outlines Dr. Pagano’s natural, drug-free treatment regimen that can alleviate, control, and even heal psoriasis without steroid creams, tar baths, injections, or ultraviolet treatments. Healing Psoriasis outlines a healthy diet and lifestyle and includes case histories, photos, recipes, and a chapter on eczema.

The cookbook includes more than 300 kitchen-tested recipes designed for the psoriasis, eczema, and psoriatic-arthritis patient, plus the latest nutritional facts for everyone!

For millions of Americans affected by gluten-related disorders, consuming gluten can be hazardous to their health. In Gluten Freedom, Alessio Fasano, MD, founder of Mass General’s Center for Celiac Research in Boston, Massachusetts, reveals the latest developments in scientific research and treatment, and the answers they provide for this rapidly expanding audience. This groundbreaking, authoritative guide is an invaluable roadmap for the newly diagnosed, for those already dealing with gluten-related issues, and for anyone who thinks they may have an issue with gluten.
GEEK PHYSICS
Surprising Answers to the Planet’s Most Interesting Questions
RHETT ALLAIN

In *Geek Physics*, Rhett Allain, a physics professor and Wired's popular Dot Physics blogger, finds intriguing questions buried in familiar movies and TV shows, video games, viral videos, and news hooks and walks readers through the fascinating answers from a physics perspective, without all the complicated details. *Geek Physics* appeals not just to the geek-oriented but also to anyone who loves pop culture and technology.

THE POWER OF POSITIVE DOG TRAINING
2ND EDITION
PAT MILLER

A renowned dog trainer gives you the positive training tools you need to share a lifetime of fun, companionship, and respect with your dog. Includes information on the importance of observing, understanding, and reacting appropriately to your dog’s body language; instructions on how to phase out the use of a clicker and treats to introduce more advanced training concepts; a diary to track progress; suggestions for treats your dog will respond to; and a glossary of training terms.
MAKING RUMOURS
The Inside Story of the Classic Fleetwood Mac Album
KEN CAILLAT & STEVEN STIEFEL

Fleetwood Mac’s classic 1977 Rumours album topped the Billboard 200 for thirty-one weeks and won the Album of the Year Grammy. More recently, Rolling Stone named it the twenty-fifth greatest album of all time and the hit TV series Glee devoted an entire episode to songs from Rumours, introducing it to a new generation. Now, for the first time, Ken Caillat, the album’s co-producer, tells the full story of what really went into making Rumours—from the endless partying and relationship dramas to the creative struggles to write and record “You Make Loving Fun,” “Don’t Stop,” “Go Your Own Way,” “The Chain,” and other timeless tracks.

EARTHING
The Most Important Health Discovery Ever!
CLINTON OBER
STEPHEN SINATRA, M.D.
MARTIN ZUCKER

Earthing introduces readers to the landmark discovery that living in contact with the Earth’s natural surface charge—being grounded—naturally discharges and prevents chronic inflammation in the body. This effect has massive health implications because of the well-established link between chronic inflammation and all chronic diseases, including the diseases of ageing and the ageing process itself.
NOTABLE TITLES

ALZHEIMER’S DISEASE
What If There Was a Cure?
The Story of Ketones
MARY T. NEWPORT

In this second edition Dr. Newport, a neonatal practitioner, continues the story of Steve’s progress and provides the most recent research on such topics as possible causes of Alzheimer’s due to the herpes simplex virus and nitrosamine substances and how infection, inflammation and genetic makeup may affect an individual’s response to fatty acid therapy.

YOUR SELF-CONFIDENT BABY
How to Encourage Your Child’s Natural Abilities
MAGDA GERBER

As the founder of Resources for Infant Educators (RIE), Magda Gerber has spent decades helping new mothers and fathers give their children the best possible start in life. Her successful parenting approach harnesses the power of this basic fact: Your baby is unique and will grow in confidence if allowed to develop at his or her own pace. The key to successful parenting is learning to observe your child and to trust him or her to be an initiator, an explorer, a self-learner with an individual style of problem solving and mastery.
ASTRONOMY
EIGHTH EDITION: A Self-Teaching Guide
DINAH L. MOCHÉ

For a generation, Astronomy: A Self-Teaching Guide has introduced hundreds of thousands of readers worldwide to the night sky. Now this classic beginner’s guide has been completely revised to bring it up to date with the latest discoveries. Updated with the latest, most accurate information, new online resources, and more than 100 new graphics and photos.

INFORMATION
$24.95 ($25.95 Can.)
7.5 x 9.25
388 Pages

SCIENCE / ASTRONOMY

BATMAN AND PSYCHOLOGY
A Dark and Stormy Knight
TRAVIS LANGLEY

Batman is one of the most compelling and enduring characters to come from the Golden Age of Comics, and interest in his story has only increased through countless incarnations since his first appearance in Detective Comics #27 in 1939. Why does this superhero without superpowers fascinate us? What does that fascination say about us? Batman and Psychology explores these and other intriguing questions about the masked vigilante, including: Does Batman have PTSD? Why does he fight crime? Why as a vigilante? Why the mask, the bat, and the underage partner? Why are his most intimate relationships with “bad girls” he ought to lock up? And why won’t he kill that homicidal, green-haired clown?

• Gives you fresh insights into the complex inner world of Batman and Bruce Wayne and the life and characters of Gotham City
• Explains psychological theory and concepts through the lens of one of the world’s most popular comic book characters
• Written by a psychology professor and “Superherologist” (scholar of superheroes)

INFORMATION
$17.95 ($18.95 Can.)
6 x 9
352 Pages

PSYCHOLOGY
RECENT BESTSELLERS
TO OBTAIN FOREIGN RIGHTS AND SUBRIGHTS

To obtain information on Foreign Rights or Subrights for Turner titles, contact the Rights Director, Stephanie Beard, at Turner Publishing Company.

Phone: (615) 255-2665 ext. 105  
E-mail: sbeard@turnerpublishing.com

Turner Publishing books are available for US delivery through Ingram Publisher Services (IPS) and most other book distributors.

TO PLACE AN ORDER IN THE US

IPS accepts orders in a variety of ways, including through Ingram's ordering tools ipage* and companion*, phone, fax, and e-mail. Terms on IPS orders are the same regardless of ordering method.

ipage: ipage.ingrambook.com  
Phone: (855) 802-8231  
(866) 400-5351  
Fax: (800) 838-1149  
E-mail: customer.service@ingrampublisherservices.com  
The customer service hours of operation are Monday - Friday, 8:00 a.m. – 5:00 p.m. CST  
ACCESS (automated stock check and ordering line): (800) 961-8031

Visit http://www.ingramcontent.com/pages/home.aspx#WhoWeServe for full details on our electronic ordering capabilities—including instructions on how to order via your POS system.

RETURNS

Eligible Ingram Publisher Services (IPS) distributed titles may be returned to IPS-Chambersburg facility and are subject to return policies. For more information, please contact IPS.

RETURNS SHOULD BE SENT TO

Ingram Publisher Services  
1210 Ingram Drive  
Chambersburg, PA 17202

TO PLACE AN ORDER IN ALL OTHER INTERNATIONAL MARKETS

Contact: Ingram International  
Phone: (615) 213-6001  
(615) 793-5000